

## **EnergiseLegal case study**

**For Solicitors/Career Management/Becoming self employed**

**A new fulfilling portfolio career to relish to retirement**

### **The Brief**

- We met our client at a Law Society event. They were at a major career crossroads, approaching the official retirement age but didn't want to retire but instead to create a fulfilling second/portfolio career.

### **Our Role**

- We helped them to understand themselves in-depth, see what they had to offer, identified potential routes to create fulfilling strands to their portfolio career and introduced them to useful contacts and networks.

### **The Result**

- They achieved locum employment law projects, mediation clients and an openness to explore new options that they hadn't previously considered, and to trust in their natural intuition to lead them in the right direction and confidence to say no to things that weren't right for this stage

### **Client Testimonial**

*"I met and chatted with Rachel Brushfield at a Law Society careers event at a time when I was at a major career crossroads. I decided that career coaching support through my transition was a wise decision, chose her as my coach as someone with a lot of experience working with lawyers and specifically specialising in portfolio careers and self-marketing. I am very glad that I did. I*



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*found coaching extremely helpful, receiving expert guidance tailored to my own personal circumstances and with an unbiased objective mind to help guide me to a positive future. Rachel helped me to create and always keep sight of a career vision and optimistic view of my working life, make plans and hold me accountable to actions to make them happen in reality. I have always been very interested in personal development, and coaching with Rachel helped me to challenge in a practical, beneficial and constructive way to create even greater self-awareness, and to shine a light to identify some new insights on some of the ways in which I stop myself. Deep down reflection with a highly experienced career coach like Rachel is invaluable, especially at a major career crossroads. Her support included: guidance on creating a CV and biog which reflects who I am and about which I feel proud, insight into how to market myself including a verbal business card and networking, and invitations to useful networking events. Rachel's coaching style is highly focused on you as an individual, and is practical, intuitive and progressive. I now have confidence to develop my own self-managed portfolio career for the next phase of my working life and feel really excited to maximise career fulfillment and leverage my skills, experience and knowledge to date."*

Evelyn Davies-Jones