

EnergiseLegal case study

Solicitors/Marketing Myself/CV Writing

Returner CVs

The brief

- To create a compelling CV to secure a successful return to the legal profession.
- To update their old CV from a chronological to a skills format, marketing their eclectic career which included a long career break.
- They didn't fit in one convenient 'box' which makes getting a job easier, with two careers in the health and legal professions and time abroad, but had gained many skills useful to a new employer, and had exceptional interpersonal skills to help an employer.

My role

- Helping target employers see the huge value that they bring.
- Crafting a new skills CV showcasing the benefits they provide.
- Succinctly summarised their eclectic career including projects when living abroad.

The result

- The CV helped their target employers understand their added value.
- They achieved a new job in just 3 months.
- Their success was despite other candidates having more up to date legal experience.
- Their skills CV helped their new employer see they were the best person for the job.



Client Testimonial

"I had reached a career crossroads and was unsure what to do moving forward. Career coaching gave me time to concentrate on me, explore what I would like to do and plan how to get there. As someone who had been out of a mainstream working environment in the UK for over 10 years (as a result of various initiatives in the developing world) and not having practised as a solicitor for over 15 years, having complete clarity about my career moving forward was of paramount importance. I didn't want to get it wrong.

I met Rachel when she was facilitating a course at a Law Society recharger event and was immediately enthused by her approach. I left the event full of hope for the future and decided to explore and have some coaching with Rachel.

Coaching with Rachel helped me to work out what I wanted to do moving forward and how to go about this. The coaching process and various practical exercises helped me to be focused and specific about what I was looking for. Coaching with Rachel increased my confidence and showed me what I had to offer employers and Rachel helped me to see the position and benefits that employers gain from the many initiatives and projects that I have been involved with. As part of the coaching process, Rachel completely revamped my CV to a skills-based model which is both impactful and compelling especially with my 'don't fit in one neat box' career to date. Rachel also helped me to polish my personal statement as part of a job application and we did interview practise to help me prepare for interviews.

The speed of results astounded me. I achieved 2 job offers which met what I was looking for in just 3 months. Rachel's encouragement and support has been invaluable. Her coaching style is very approachable and down to earth, and she always made me feel at ease. As such I have recommended her to many other people.

If anyone is reading this and questioning the value of career coaching and whether it is worth it in the uncertain times in which we live, I would say that my



results speak for themselves. Coaching with Rachel has been one of the best investments I have ever made. Further, for any lawyers out there, Rachel really understands lawyers and the quirks of the profession.

I would wholeheartedly recommend coaching with Rachel and I intend to continue with coaching to support me as I start my new role. “

Jayne Nicol.