



EnergiseLegal case study

For Solicitors/Career Management/Career Transition

New group head identity shift.

The Brief

- 6 hour coaching programme funded by law firm.
- Head of family team.
- Coaching focus chosen by client.
- Support busy working mother with 2 young children.

Our Role

- Support to juggle work and young family commitments.
- Tips to deal with difficult people/situations.
- Help client navigate identity and role transition from being one of team, to team leader.
- Support client to define their leadership style and behaviours.
- Share practical tips and resources to embrace networking and public speaking to grow practice.

The Result

- Greater confidence in managerial/leadership ability.
- New networking plan post Covid-19.
- Confidence to speak in public internally and externally when networking.
- Transformed limited belief, increasing self-confidence.